



## Use ALEX®, the Online Benefits Counselor, to Help Guide Your Healthcare Decisions

Your yearly healthcare costs are determined by a variety of factors such as doctor visits, prescription drugs and dental/vision expenses. Calculating these costs on your own could seem overwhelming. That's why there's ALEX, the online benefits counselor, to help give you a personalized estimate of your annual healthcare costs and recommend which HealthFlex plan is right for you.

You can use ALEX to:

- Review and compare all HealthFlex medical, dental and vision plans
- Estimate your annual out-of-pocket costs for office visits, prescription drugs and deductible
- Get recommendations on Health Savings Account (HSA) and Flexible Savings Account (FSA) contributions

Access ALEX by logging into [HealthFlex/WebMD](#).

Decisions about healthcare coverage are an important part of adding security and peace of mind for you and your family. ALEX can help you make those decisions easier.

Start thinking about your 2021 healthcare choices today!



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a general agency of The United Methodist Church



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